

## Physical Examination Form and Certificate of Immunization

Student's Name \_\_\_\_\_ D.O.B. \_\_\_\_\_

**Physical Examination—To be completed by a health care provider (MD, NP, or PA).**

This examination must have been done within the last 12 months and must be complete before attending classes.

Height \_\_\_\_\_ Weight \_\_\_\_\_ Pulse \_\_\_\_\_ Blood Pressure \_\_\_\_\_

**ALLERGIES:** include medicines, foods, bites and stings etc. **None:** \_\_\_ (check)

Allergy *	Reactions	Medication Required

Carries an Epi pen? **Yes**      **No**

**MAJOR DISEASE OR ILLNESS / MAJOR INJUIRES:** past **and** present

Disease/Injury *	Hospitalization?	Date(s)	Current effects

**MEDICATIONS:** prescription **and** over the counter **None:** \_\_\_ (check)

Medication *	Condition	Dosage (amount & freq)	Current side effects

If medication taken "as needed", indicate date of last dosage: \_\_\_\_\_

Is there a history of substance abuse? **Yes No** If yes, please explain\*:

Is there a history of psychological counseling? **Yes No** If yes, please explain\*:

**\*Please use another paper to share more information, if necessary.**

**RESTRICTIONS / RECOMMENDATIONS\*:** include diet, medicines, or activities

I have examined the person herein described, have reviewed the medical history, and it is my opinion that this person is physically and emotionally able to engage in all activities, except as noted above.

**Examining Provider Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please Print Examining Provider Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**OVER**

**Immunization Requirements for Vermont College Students**

Updated 2/24/21

Student's Name \_\_\_\_\_ D.O.B. \_\_\_\_\_

**Required Vaccines**

**Date(s) Given**

1) Tdap or Td  
(Tetanus-Diphtheria-Pertussis)

\_\_\_\_\_

2) MMR  
(Measles, Mumps, Rubella)

1) \_\_\_\_\_  
2) \_\_\_\_\_

**OR Positive Titer Dates**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Measles

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Mumps

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Rubella

3) Meningococcal  
(Only required for first year students 21 years or younger, living in dorms)

\_\_\_\_\_

4) HBV  
(Hepatitis B)

1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_

**OR Positive Titer Date**

\_\_\_\_/\_\_\_\_/\_\_\_\_

5) Varicella  
(Chickenpox)

1) \_\_\_\_\_  
2) \_\_\_\_\_

**OR History of disease**

Sign "**Documentation of Varicella\***" next page

**OR Positive Titer Dates**

\_\_\_\_/\_\_\_\_/\_\_\_\_

- Vaccines are not required for college students born before 1956
- **Tdap/Td booster must be within last 10 years**
- For MMR, a minimum of 4 weeks between doses; 1<sup>st</sup> dose must be given after 1<sup>st</sup> birthday
- For Varicella a minimum of 4 weeks between doses if age 13 or older (12 weeks for under age 13)

**To the best of my knowledge, the person named above has received the required immunizations.  
Do not sign unless minimum immunization requirements are met.**

Signed (MD, NP, or PA) \_\_\_\_\_

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Student's Name \_\_\_\_\_ D.O.B. \_\_\_\_\_

**\*Documentation of Varicella (Chickenpox Disease)**

I (name) \_\_\_\_\_ verify that the above listed student had varicella (chickenpox) disease on (date): \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian of student OR Student 18 and over

**Statement of Exemption to Immunization Law**

For \_\_\_\_\_ for the following vaccine(s): \_\_\_\_\_

Student's name, printed

\_\_\_ Medical Exemption: The physical condition of the above named person is such that immunization would endanger life or health or is medically contraindicated due to other medical conditions. MD, NP or PA must sign.

\_\_\_ Religious Exemption: The above named person him/herself is an adherent to a religious belief opposed to immunizations.

Signed \_\_\_\_\_ Date: \_\_\_\_\_

MD, NP, or PA (for Medical Exemption) / Parent/Guardian or Student over 18 years (For Religious)

Printed Name \_\_\_\_\_