

Sterling College

WORKING HANDS. WORKING MINDS.

Outdoor Education Major Worksheet (Students Entering Fall 2020 and following)

For the Major:

- Outdoor Education Required courses (16 cr)
- At least 1 Field Sem. *or equivalent exper.* (15 cr)
- At least 2 Technical Skills courses (4-6 cr)
- At least 1 Applied Teaching course (3 cr)
- At least 2 Social Context courses (5-6 cr)
- Professional Experience Requirement

Capstone: Senior Year Research Project (SYRP):

- INT422 SYRP I (3-6 credits)
- INT423 SYRP II (3-6 credits)

At Least 51 Total Major Credits

Graduation Requirements

- INT100A: A Sense of Place: Expedition 1
- NS107A: Foundations of Ecology
- 1 additional Foundations Course (not SS107/108)
- 1 additional 400-level seminar course
- 120 credits (minimum)
- Math Competency (NS050 or waiver)
- Final Q.P.A. of at least 2.0
- Successful Completion of Work Program
- 6 Credits in Humanities
- 6 Credits in Natural Science
- 6 Credits in Social Science
- Coursework Designated as Writing-Intensive
 - 1 200/300-level Writing-Intensive (WI) course
 - 1 300/400-level Writing-Intensive (WI) course

Outdoor Education Required Courses

- SS107 Foundations of OE: Lead. & Facil. (3 cr)
- OR SS108 Foundations of OE (3 cr)
- SS240 Education & Learning Theory (3 cr)
- AS256 Wilderness First Responder (4 cr)
- SS330 Experiential Curriculum Design (3 cr) [prereq: SS240 or SS107/108]
- SS482 Outdoor Program Administration (3 cr)
[prereq: INT100A SS107/108, College Teaching Exp., SS300, 4cr. of Technical Skills]
- Field Semester (15 cr)**
 - SS233 Small Group Dynamics (2 cr) [PR NS107A, INT100A]
 - INT382 Ancestral Lifeways of the Southwest
 - AS333 Desert Exped. Skill Prac. (4 cr) [prereq: NS107A, INT100A]
 - NS204 Natural History of the Southwest [prereq: NS107A, INT100A]

Technical Skills: 4-6 credits, one 100 level and one 200 level

- AS190 Introduction to Rock Climbing (3 cr)
- AS225 Ice Climbing (2 cr)
- AS270 Rock Climbing Expedition (6 cr)
- AS220 Flat-water Canoeing (3 cr)
- AS222 Whitewater Canoeing (2 cr)
- AS270C Bicycle Touring (3-4 cr)
- AS208 Canoe Trip Guiding (3 cr) [prereq: INT100A, SS107/108 or SS240]
- AS108 Leave No Trace Trainer (1 cr)
- AS230 Advanced Rock Climbing (3 cr) [prereq: AS190 or AS225]
- AS271 Orienteering Sports (2-3 cr)
- AS382 Backcountry Skiing (3 cr)
- SS106A Expedition II (2 cr) [prereq: INT100A]
- AS264A Nordic Skiing (2 cr)
- SS307 Challenge Course II (3cr) [prereq: SS107 FOE Leadership & Facilitation]

Applied Teaching 1+ course

- SS107 Foundations of OE: Leadership and Facilitation (3 cr)
- NS/SS255 Environmental Education: Elementary School Outreach (3 cr)
- AS372 Expedition Planning and Management (3 cr) [prereq: INT100, INT100A or other field experience]

Social Context 2+ courses

- SS425 Education and Culture (3 cr) [prereq: Junior/Senior Status]
- INT472 Environmental Justice Beyond Borders (3 cr)
- SS285 Gender in US Society (2 cr)
- SS335 Leadership and Social Change (3 cr)
- SS481 Controversial Issues in Outdoor Education (3 cr)

This worksheet is an advising aid to be used by students and advisors. Note that final degree audits are completed by the Office of Academics through the Sterling College SIS system. Students are required to declare a Major at the beginning of their Junior year. Students without a major declaration on file will not be permitted to enroll for Senior year courses.