Pending Academic Council Approval

Sterling
ECOLOGICAL THINKING & ACTION

Outdoor Education Major Worksheet
(Students Entering Fall 2021 and following)

For the Major:

_____Outdoor Education Required courses (16 cr)

_____At least 1 Field Sem. *or equivalent exper.* (15 cr)

_____At least 2 Technical Skills courses (3-6 cr)

_____At least 1 Applied Teaching course (3 cr)

_____At least 2 Social Context courses (5-6 cr)

_____Professional Experience Requirement

Capstone: Senior Year Research Project (SYRP):

_____INT422 SYRP I (3-6 credits)

_____INT423 SYRP II (3-6 credits)

_____**At Least 51 Total Major Credits**

Outdoor Education Required Courses

_____SS107 Foundations of OE: Lead. & Facil. (3 cr)

OR _____SS108 Foundations of OE (3 cr)

_____SS240 Education & Learning Theory (3 cr)

_____AS256 Wilderness First Responder (4 cr)

_____SS330 Experiential Curriculum Design (3 cr) [prereq: SS240 or SS107/108]

_____SS482 Outdoor Program Administration (3 cr)
        [prereq: INT100A SS107/108, College Teaching Exp.,
        SS300, 4cr. of Technical Skills]

OR_____AS372 Expedition Planning and Management (3 cr)
        [prereq: INT100, INT100A or other field experience]

____ **Field Semester (15 cr; pre-req INT100A, NS107A)**

_____SS233 Small Group Dynamics (2 cr)

_____INT382 Ancestral Lifeways of the Southwest (4 cr)

_____AS333 Desert Exped. Skill Prac. (4 cr)

_____NS204 Natural History of the Southwest (4 cr)

Technical Skills: 4-6 credits, one 100 level and one 200 level

_____AS108 Leave No Trace Trainer (1 cr)

_____SS106A Expedition II (2 cr) [prereq: INT100A]

_____AS190 Introduction to Rock Climbing (3 cr)

_____AS225 Ice Climbing (3 cr)

_____AS220 Flat-water Canoeing (3 cr)

_____AS222 Whitewater Canoeing (2 cr)

_____AS270C Bicycle Touring (3-4 cr)

_____AS230 Advanced Rock Climbing (3 cr) [prereq: AS190 or AS225]

_____AS271 Orienteering Sports (2-3 cr)

_____AS382 Backcountry Skiing (3 cr)

_____AS264A Nordic Skiing (2 cr)

_____SS307 Challenge Course II (3cr) [prereq: SS107 FOE Leadership & Facilitation]

Applied Teaching 1+ course

_____SS107 Foundations of OE: Leadership and Facilitation (3 cr)

_____NS/SS255 Environmental Education: Elementary School Outreach (3 cr)

_____AS372 Expedition Planning and Management (3 cr) [prereq: INT100, INT100A or other field experience]

_____AS208 Canoe Trip Guiding (3 cr) [prereq: INT100A, SS107/108 or SS240, AS220A or AS222]

Social Context 2+ courses   (one of these courses must be SS425 OR SS481)

_____SS425 Education and Culture (3 cr) [prereq: Junior/Senior Status]

_____INT472 Environmental Justice Beyond Borders (3 cr)

_____SS285 Gender in US Society (2 cr)

_____SS335 Leadership and Social Change (3 cr)

_____SS481 Controversial Issues in Outdoor Education (3 cr)(WI)

Graduation Requirements

_____INT100A: A Sense of Place: Expedition 1

_____NS107A: Foundations of Ecology

_____1 additional Foundations Course (not SS107/108)

_____1 additional 400-level seminar course

_____120 credits (minimum)

_____ Math Competency (NS050 or waiver)

_____ Final Q.P.A. of at least 2.0

_____Successful Completion of Work Program

_____6 Credits in Humanities

_____6 Credits in Natural Science

_____6 Credits in Social Science

Coursework Designated as Writing-Intensive

____1 200/300-level Writing-Intensive (WI) course

____1 300/400-level Writing-Intensive (WI) course

Professional Experience Requirement

_____Complete 8-weeks of work in OE through
Practicum (SS300) or non-credit work experience
including OE Work Experience Presentation
*(Students need to get prior approval from a member of the OE
instructional team in order to have the experience count as meeting
this checklist requirement.)*
and

_____10 days of documented Leadership
(see separate portfolio document for details)
and

_____Complete one college teaching experience or equivalent work
program position in Outdoor Education

This worksheet is an advising aid to be used by students and advisors. Note that final degree audits are completed by the Office of Academics through the Sterling College SIS system. Students are required to declare a Major at the beginning of their Junior year. Students without a major declaration on file will not be permitted to enroll for Senior year courses.

Revised 3/28/2022